

GRAZING & SHARING

BOSCIALA GREEN OLIVES <small>ve 162kcal</small>	5.00
CARAMELISED CHILLI HONEY NUTS <small>v 686kcal</small> Cashews, pecans & almonds	4.75
NACHOS <small>v 1531kcal</small> Multigrain tortilla nachos, five bean chilli, melted Barber Cheddar cheese, sour cream, guacamole	12.50

SMALL PLATES 3 for £20, 6 for £35

WHITBY BOBBLE PRAWNS <small>395kcal</small> Crispy batter, chilli jam	9.00
ITALIAN BURRATA <small>v 438kcal</small> Cherry tomatoes, smashed avocado, lemon, parsley, mint, pine nuts	9.00
MARINATED CHICKEN SKEWERS <small>690kcal</small> Chicken thighs, yoghurt, lemon & herb marinade, chipotle mayonnaise	8.00
TEMPURA PADRON PEPPERS <small>ve 307kcal</small> Maldon sea salt, smoky chipotle mayonnaise	7.50
DUCK CROQUETTES <small>563kcal</small> Smoky chipotle mayonnaise, flat leaf parsley	7.50
CRISPY HALLOUMI <small>v 627kcal</small> Salsa verde, pomegranate seeds	8.00
MINI OLD SPOT SAUSAGES <small>641kcal</small> Balsamic & sea salt glaze, chilli infused honey	7.00
SHREDDED BEEF CROQUETTE <small>563kcal</small> English mustard & parsley mayonnaise	8.50
POPCORN OYSTER MUSHROOMS <small>ve 282kcal</small> Sweet soy & sesame glaze, crispy kale	7.50

CIABATTAS

Served Monday - Saturday until 5pm

All our ciabattas are warm, buttered with confit garlic butter.

Served with a mug of Maldon sea salted fries +376 kcals

AHT <small>v 928kcal</small> Smashed avocado, halloumi slices, sun blushed tomato, hummus	9.00
CHICKEN & AVOCADO <small>1209kcal</small> Yoghurt, lemon & herb marinated chicken thigh, smashed avocado, shredded gem lettuce	9.50
FLAT IRON STEAK & MUSTARD <small>846kcal</small> Flat iron steak, English mustard & parsley mayonnaise, rocket	9.50
COD GOUJON <small>831kcal</small> Atlantic cod goujons in herb batter, shredded gem lettuce, tartare sauce	9.00
OYSTER MUSHROOM <small>ve 734kcal</small> Crispy oyster mushrooms, plant-based feta, baby spinach	8.50



THE MAIN EVENT

HAND BATTERED FISH & CHIPS 1013kcal **16.00**
Atlantic cod fillet, herb batter with Maldon sea salt,
triple-cooked chips, smashed peas, caramelised lemon

**ROASTED COURGETTE
& CONCHIGLIE PASTA** ve 503kcal **13.00**
Green beans, mint, plant-based feta, pine nuts, parsley, lemon

OYSTER MUSHROOM BOWL ve 692kcal **14.50**
Roasted tenderstem broccoli, cashew fried brown rice,
sesame, soy & sweet chilli dressing, crispy kale

KALE, AVOCADO & PINE NUT SALAD ve 570kcal **13.50**
Cucumber ribbons, baby spinach, quinoa, toasted seeds,
lemon & olive oil dressing

Add halloumi v 2.75 433kcal, chicken breast 3.25 237kcal,
king prawns 3.75 135kcal, seabass fillet 5.75 302kcal

BEYOND BURGER ve 1044kcal **15.00**
Seeded Eden bun, smashed avocado, plant-based feta,
cucumber ribbons, shredded gem lettuce, Maldon sea salted fries

6oz BRITISH BEEF BURGER 1504kcal **16.00**
Seeded brioche bun, smoked streaky maple bacon, Emmental,
chipotle mayo, shredded gem lettuce, alfalfa sprouts,
Maldon sea salted fries

**CRISPY BUTTERMILK
CHICKEN BURGER** 940kcal **15.50**
Marinated chicken thigh, seeded brioche bun,
cucumber ribbons, shredded gem lettuce, chilli jam,
Maldon sea salted fries

FLAT IRON STEAK & FRITES 908kcal **14.50**
6oz flat iron steak, confit garlic butter,
Maldon sea salted fries, rocket, salsa verde

BUTTERMILK CHICKEN SCHNITZEL 1061kcal **15.00**
Confit garlic butter, prosciutto crisp, Maldon sea
salted fries, caramelised lemon, rocket

GRILLED SEABASS 592kcal **16.00**
Giant couscous, cherry tomatoes, green beans,
kalamata olives, parsley, olive oil, caramelised lemon

SIDES

TRIPLE-COOKED CHIPS ve 448kcal **4.00**

MALDON SEA SALTED FRIES ve 455kcal **4.00**

ONION NESTS ve 234kcal **4.25**

KALE, AVOCADO & PINE NUT SALAD ve 285kcal **3.50**
Cucumber ribbons, baby spinach, quinoa, toasted seeds,
lemon & olive oil dressing

**TENDERSTEM BROCCOLI,
KALE & GREEN BEANS** ve 102kcal **3.75**



PIZZAS

Our pizzas are all hand crafted, and stone baked in our pizza oven, then crusts are brushed with garlic and parsley butter

Choose your base:

Crisp thin sourdough

Activated charcoal sourdough - perfect match for the white base sauce pizzas! (+76kcal)

Non gluten dough (-90kcal)

Ask our team for our lighter pizza options

NO. 1 v 1039kcal **10.00**
Tomato base sauce, torn mozzarella, rocket

NO. 2 1188kcal **14.50**
White base sauce, smoked scamorza cheese, cured pork Coppa, sun blushed tomatoes, toasted pine nuts, basil oil, rocket

NO. 3 ve 814kcal **12.00**
Tomato & salsa verde base sauce, charred courgette, tenderstem broccoli, mint, lemon, fresh chilli, rocket

NO. 4 1087kcal **14.25**
Tomato base sauce, smoked scamorza cheese, cured Italian salami, kalamata olives, flat mushrooms, artichoke, spinach

NO. 5 v 1246kcal **13.75**
White base sauce, torn mozzarella, gorgonzola, flat mushrooms, toasted pecans, chilli infused honey, spinach

NO. 6 1245kcal **14.00**
Tomato base sauce, torn mozzarella, cured pork Coppa, kalamata olives, rocket, shavings of Gran Moravia hard cheese

NO. 7 v 1188kcal **12.75**
Tomato base sauce, torn mozzarella, roasted aubergine, sun blushed tomatoes, Gran Moravia hard cheese, rocket

NO. 8 1133kcal **13.50**
Tomato base sauce, smoked scamorza cheese, pulled chicken, roasted courgette, sweetcorn, salsa verde, rocket

NO. 9 1500kcal **15.00**
Tomato base sauce, torn mozzarella, cured pork Coppa, cured Italian salami, spicy chorizo, pepperoni, roquito pepper, rocket

Additional Toppings

MEATS **2.00 each**
Pepperoni, Salami, Chorizo, Coppa, Pulled Chicken

VEGGIES ve **1.50 each**
Olives, Mushrooms, Aubergine, Courgettes, Artichoke, Sun Blushed Tomatoes

CHEESE v **4.00 each**
Scamorza, Gorgonzola, Vegan cheese

ADD A WHOLE BURRATA v **5.00**

Garlic oil, chilli oil and garlic mayo dip available



SUNDAY ROASTS Served Sundays only

Our Sunday roasts are all freshly prepared and served with roast potatoes, seasonal vegetables, Yorkshire pudding and gravy

TOPSIDE BEEF 1223kcal	18.50
HALF ROAST CHICKEN 1575kcal	16.50
SWEET POTATO & CHESTNUT ve* 838kcal	14.50

*served without a Yorkshire pudding

DESSERTS

DONUT TOWER v

Choose 3 glazed ring donuts for **6.50** or 6 for **9.00** with caramel and chocolate dipping sauce v 1054 / 2162kcal

Choose from:

Salted caramel filled, milk chocolate glaze, hazelnut pieces

Strawberry jam filled, strawberry pink glaze, marzipan pieces, pink sugar

Strawberry jam filled, white chocolate glaze, dark chocolate drizzle, freeze dried strawberry pieces

PASSIONFRUIT MESS v 549kcal	6.75
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Mango puree, passionfruit, whipped cream, meringue pieces

CRUMBRÛLÉE v 940kcal	6.50
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Mixed berry fruit, crumble topping, cold vanilla custard, torched sugar

WARM CHOCOLATE BROWNIE v 829kcal	6.75
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Clotted cream ice cream, chocolate sauce

BAKED TREACLE TART v 1045kcal	6.50
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Honey almonds, salted caramel, salted caramel ice cream

CARAMELISED BANANA WAFFLE ve 790kcal	6.50
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Maple syrup, vegan ice cream

LUXURY ICE CREAM v 625kcal	6.00
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All served with chocolate wafer crumb

Choose 3 scoops from:

Clotted cream White chocolate & cherry
Lemon curd meringue Salted caramel ripple

COFFEE & CREAM v 364kcal	5.50
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Ice cream and coffee – the perfect combo!

Choose a scoop of:

Clotted cream White chocolate & cherry
Lemon curd meringue Salted caramel ripple

SUNDAY SIDES

CAULIFLOWER CHEESE v 319kcal	3.50
PIGS IN BLANKETS 249kcal	3.00
SAGE & ONION STUFFING ve 323kcal	1.50
EXTRA YORKSHIRE v 123kcal	1.50
PORK CRACKLING & APPLE SAUCE 147kcal	2.00

DESSERT COCKTAILS

FLAT WHITE MARTINI	10.25
Vodka, Baileys, espresso, sugar syrup	
ESPRESSO MARTINI	10.25
Absolut vodka, Kahlua, espresso, sugar syrup	
SMOKED MAPLE OLD FASHIONED	9.25
Bulleit Bourbon whisky, Angostura bitters, maple syrup	
NEGRONI	9.45
Bombay Sapphire gin, Campari, Martini Rosso	

HOT DRINKS

Our coffees are served with semi skimmed milk or plant based milk alternatives

ESPRESSO 0kcal	2.75 / 3.25	HOT	4.25
CAPPUCCINO 153kcal	3.50	CHOCOLATE 234kcal	
CAFFÈ LATTE 153kcal	3.50	Add marshmallows and whipped cream	
MOCHACCINO 214kcal	3.50	for 1.00 59kcal	
FLAT WHITE 120kcal	3.50	TEAPIGS Choose from: 3.00	
AMERICANO 0kcal	3.25	Everyday brew 22kcal	
		Earl Grey strong 22kcal	
		Peppermint 0kcal	
		Super fruit 0kcal	
		Mao feng green tea 0kcal	

ICED DRINKS

ICED AMERICANO 20kcal	3.75	DRAGON FRUIT & MANGO ICED TEA 36kcal	4.00
ICED LATTE 76kcal	4.00	Green tea	
ICED MOCHA 443kcal	4.00	PEACH & LEMON ICED TEA 87kcal	4.00
		English breakfast tea	

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SCAN HERE

(V) Suitable for vegetarians. (VE) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. Allergen Information. Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Menu descriptions do not contain all ingredients. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. All prices include VAT. Service is not included. All tips are retained by the grateful team.